

# TAN LAS VEGAS

## AIRBRUSH TANNING CHECKLIST

### PREPARATION

**EXFOLIATE** Before Each Session to Remove Dry, Flaky Skin. Skin replaces itself in cycles naturally every 28 days. Twenty-five percent of skin is exfoliated each week, causing a UV-tan to slowly wear away. Sunless spray tans affect only the top 25 percent of skin, so you will want to remove this extra skin prior to tanning.

Remove dead, dry skin cells that will prevent the absorption of DHA bronzers into fresh healthy skin cells. This allows for the spray to absorb deeply into the skin and oxidize to a brilliant golden brown color. Spraying sunless products on dry flaky skin

causes the tan to look less natural, uneven when fading and will shorten the life of your sunless tan. For exfoliation of extremely dead, dry skin cells we suggest a two-step process.

Exfoliate on the morning of your session for beautiful, long lasting color. We recommend using Hempz Herbal Body Scrub that you can purchase at Tan Las Vegas

**NOTE:** Avoid using bar soaps, high pH shower products or in-shower moisturizers. These products can halt the DHA bronzing reaction or cause the dreaded "orange effect". Any waxing should be done no less than 2-days prior to your tanning session. Also, elevated body temperature, perspiration or moisture on the skin can hinder DHA development and results.

**STOP! DO NOT APPLY LOTION!** Do not apply lotions, moisturizers or perfumes prior to your session. Use deodorant sparingly. It is best not to apply make-up.

### PREPARATION: DAY OF SESSION

Wear Dark, Loose Fitting Clothing and remove jewelry. Tight clothes can rub off or smear the bronzers.

**PRE-SPRAY:** pH BALANCE SPRAY with DHA enhancer's will be applied by the technician or the booth before your session. This product provides your skin with light hydration, pH balancers as well as DHA enhancer technology to insure a darker, more natural looking color. It also helps to eliminate the "orange effect" in both dark and fair skinned individuals.

**PROTECTION:** BARRIER CREAM will be applied prior to spraying to prevent solution from coloring your lips, palms, nails, cuticles & feet.

### MAINTENANCE: AFTER SESSION

**Avoid Sweating!** Avoid activities that may cause you to sweat excessively and possibly cause streaking of the cosmetic bronzer. Use the air conditioning in your car on a hot day. *Remember you have just been tinted with a water-soluble solution.*

**Avoid Water!** You must avoid water entirely for at least 8-hours or you will stop the tanning action of the DHA and/or cause streaking. **Avoid Swimming & Spas!** Avoid chemically treated swimming pools and spas for at least 24-hours after your spray tanning session to prevent color from prematurely fading. Over exposure to chlorinated pools or spas will strip your color off prematurely.

**Wait to Shower!** For maximum results, wait at least 8-hours before showering or bathing. Bathe with plain water only for the first 16-hours after your session to avoid fading & stripping of instant color.

**Cleansing:** After tanning session, we recommend Hempz Herbal Body Wash available at Tan Las Vegas as your shower product. Avoid using bar soaps or high pH products – they will strip and fade your tan rapidly. Proper cleansing insures even fading and the longest lasting, most natural looking sunless results. After bathing, gently "pat dry" skin. The instant cosmetic bronzer will wash off on the first wash – as it is designed to do.

### MAINTENANCE: BETWEEN SESSIONS

**Moisturize** - We recommend these great daily moisturizers: Hempz Original Herbal Body Moisturizer or Hempz Pomegranate Herbal Body Moisturizer. For an extravagant daily moisturizing ritual try HEMPZ BODY BUTTER – a rich crème developed to eliminate severely dry skin due to environmental exposure, UV and sunless tanning. These moisturizers are available at Tan Las Vegas. Healthy Skin Tans Best!!! Enhance the effectiveness of your sunless tanning session by conditioning your skin and then taking steps to help maintain your sunless tan.